



# Stony Creek Distance Run

## Thursday August 4<sup>th</sup>, 2016

### Stony Creek Metropark, Eastwood Beach

6:30 PM: 1 Mile Kids Fun Run

6:45 PM: 10K Run

7:00 PM: 5K Run/Walk

Registration Opens 4:30



**45<sup>th</sup> Annual: Benefitting Special Olympics Michigan Macomb**

Daily Park Vehicle entry is \$10 \* [stonycreekdistancerun@gmail.com](mailto:stonycreekdistancerun@gmail.com) \* (586) 850-5655

**Online Registration: [StonyCreekDistanceRun.org](http://StonyCreekDistanceRun.org)**

PLEASE PRINT CLEARLY \* USE SEPARATE FORM FOR EACH RUNNER

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Birthdate \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_ Phone \_\_\_\_\_

**Mail To/ Payable To: Stony Creek Running Club, 51194 Romeo Plank #204, Macomb, MI 48042**  
*Early packet pickup Wednesday 8/3/16 4-8PM Hansons Running Store in Utica*

#### Select Race/Division

*Top 3 runners in each age group receive awards*

- Female    Male  
 5K    10K    Kids Run  
 12 & under    13-19    20-29  
 30-39    40-49    50-59    60-69    70+

#### Entry Fee

##### **5K Run & Walk / 10K Run**

- \$10 1 Mile Kids Run  
 \$20 Before 7/20/16  
 \$25 Race Day  
*Online registration ends 8/2/16*  
 Additional Contribution: \_\_\_\_\_

*All Entry fees are non-refundable*

#### Shirt Size

##### LADIES

- Small    Medium    Large    X-Large

##### MEN

- Small    Medium    Large    X-Large    XXL Add \$2.00

#### Shirt Type

- Short Sleeve Tech

- Sleeveless Tech

#### Youth Sizes

- Small    Medium    Large  
*(kids run cotton/youth sizes only)*

*Shirts only guaranteed to first 200 registered racers or registered by 7/20/16*

PLEASE READ THE FOLLOWING STATEMENT CAREFULLY AND SIGN BELOW BEFORE SUBMITTING ENTRY: I know that running a road race is a potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in the event including, but not limited to: falls, contact with other participants, the effects of weather and temperature, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Stony Creek Running Club, Huron-Clinton Metropolitan Authority, Stony Creek Metropark, Shelby Twp. and all sponsors, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, for any legitimate purpose.

Participant's Signature

Date

Parents Signature (if under 18 years old)

Date